

CRYSTAL TOUCHSTONES FOR HEALING LOSS

Stones to Assist Choosing Love Now

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| 1. I Am Spirit | Labradorite |
| 2. Responsibility | Azurite & Malachite |
| 3. Opening to Support and Service | Tiger's-eye |
| 4. Prayer | White Topaz |
| 5. Meditation | Smoky Quartz |
| 6. Releasing Pain | Chrysoprase |
| 7. Forgiveness | Kunzite |
| 8. Releasing Past and Future, Being in the Now | Rainbow Obsidian |
| 9. Releasing Emotional Baggage | Chrysocolla |
| 10. Mental Healing, Vision and Clarity | Fluorite |
| 11. Pausing in Open Inaction | Clear Quartz |
| 12. Refilling, Accepting Your Divinity | Amethyst |
| 13. Balance in All Things | Rhodocrosite |
| 14. Feeling Safety and Comfort | Aventurine |
| 15. Peace | Blue Lace Agate |
| 16. Seeing Beauty in All Things | Moonstone |
| 17. Joy, Choosing Happiness | Rose Quartz |
| 18. Making Amends and Letting Go | Sodalite |
| 19. Patience with the Process | Hematite |
| 20. Trust in God | Turquoise |